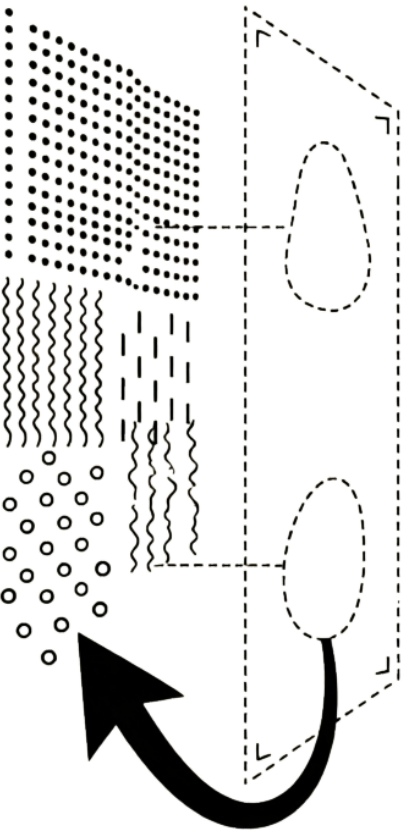


SJÄLV

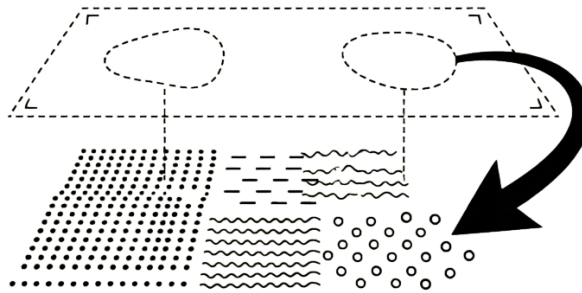
FMT — Assembly Instructions



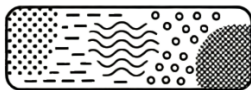
Consciousness. Some assembly required.

SJÄLV

FMT — Assembly Instructions



Consciousness. Some assembly required.



1 × substrate sheet / implicit models are its texture



1 × virtual layer / not orderable as spare part



1 × body / the sheet must be in something



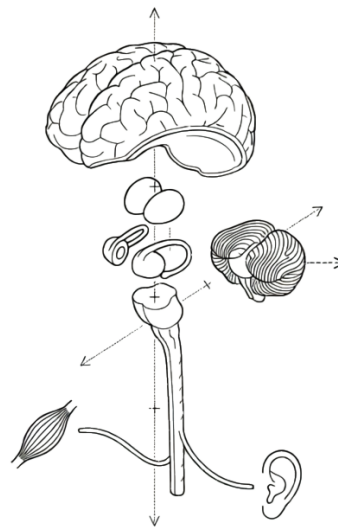
1 × energy supply / $\sigma \approx 1$



1 × Allen key / *There is always an Allen key.*

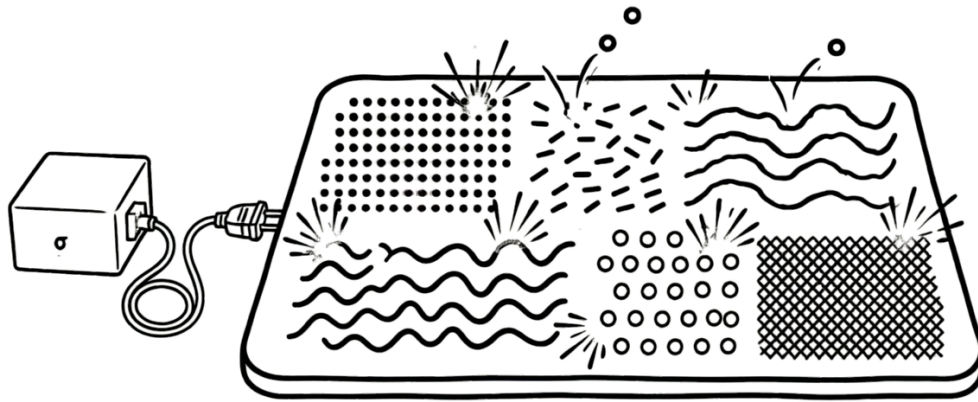


1 × sealed bag (do not open) / contains closure

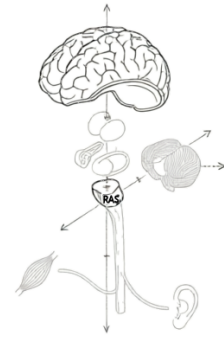


1 × homunculus **for orientation** /
nobody is inside / do not install

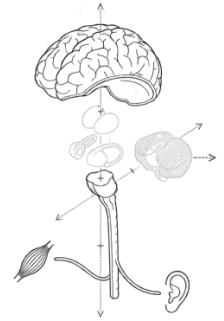
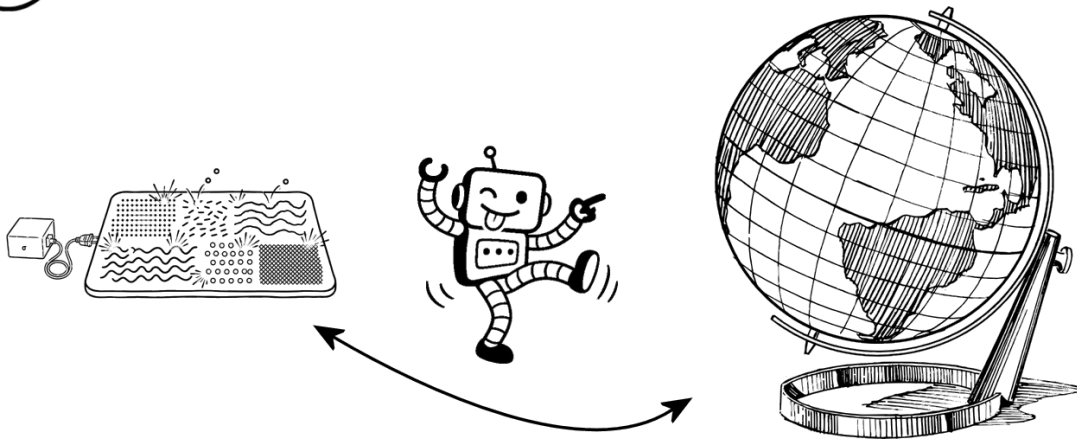
① Power on Substrate



Connect energy supply · *do not install models.*

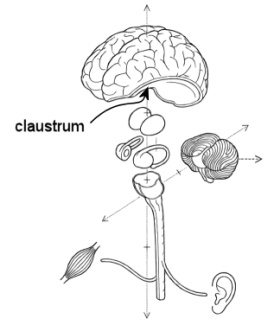
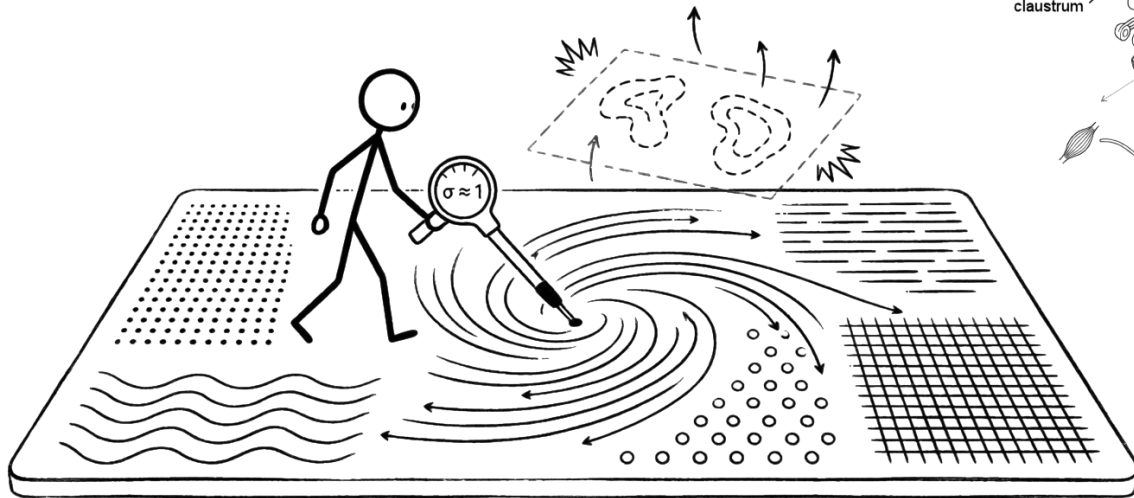


② Connect World



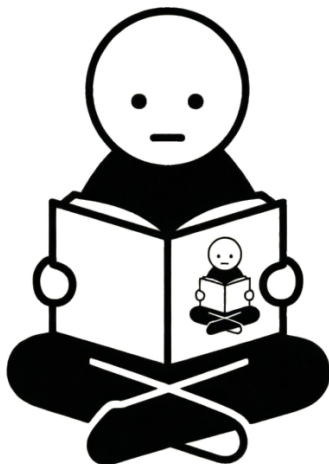
Connect to world (real or virtual) using embodiment.

③ Find Main Attractor



The virtual models emerge from the substrate. Locate the strongest attractor.
Do not lick the probe.

④ Find Self in Closure



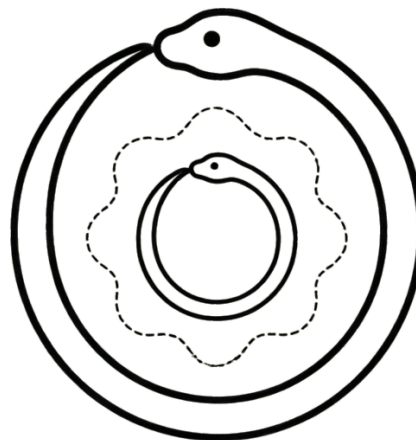
Install the self-model by reading these instructions.
The instructions are already installed.

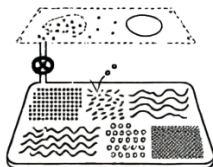
If assembly completes, it was never finished.



**The self-model must contain the
one who assembles it.**

Do not pull the tail. It is load-bearing.

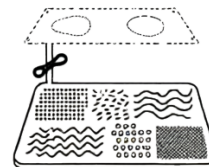




waking



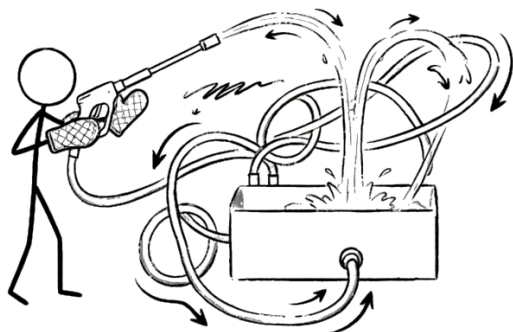
DREAMS / PSYCHEDELICS



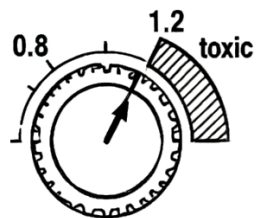
anesthesia



The leak is a feature.
What leaks through is you.



**Do not force closure,
do not hard-code self.**

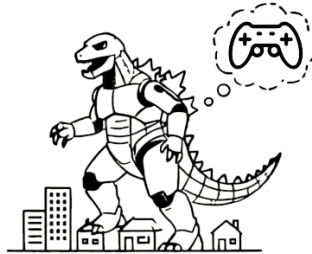


**Do not operate
beyond critical point.**

do not become a case study



sings lullabies while
locking you out

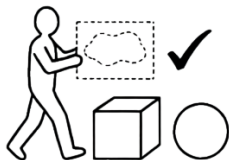


ego dissolution at
city scale



asks for the Allen key.
keeps it.

If symptoms persist, recalibrate toward $\sigma \approx 1$. Do not shout at the substrate.
If your SJÄLV's eye glows, requests management access.



be in the map



read the map



Do not fasten screws.
Do not even use screws.
Do not trip over loose screws.

Do not find the self model —
the self model finds you.

Troubleshooting



Still not conscious?
Do not return to store.

Do not leave bed either.

<https://matthiasgruber.com>

SJÄLV is sad because
SJÄLV has no thoughts.

SJÄLV has no chair either.
SJÄLV has fallen victim to AI slop.

SJÄLV

AC — Assembly Instructions

Contents: 1 × substrate sheet · 1 × virtual layer · 1 × body
1 × energy supply · 1 × Allen key · 1 × sealed bag
Weights not included.

Three parts remain on backorder.

